

ICED BLENDED MOCHA

MAKES 20 OUNCES OR 2 MEDIUM DRINKS

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2 big handfuls of ice

2 Tablespoons carob powder or unsweetened cocoa powder

2 teaspoons decaffeinated instant coffee granules or coffee substitute, such as Pero

16 pecan halves or ¼ cup pecan pieces

6 pitted dates

1 – 1 ½ cups unsweetened almond milk

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Put everything in a blender and process until smooth. Taste before serving. You may prefer more ice blended into the drink or you can serve it over ice.

1 cup of almond milk results in a more intense mocha flavor. 1 ½ cups lightens the flavor.